



The Early Start Denver Model, developed by Sally Rogers and Geraldine Dawson, is a play-based, relationship-focused early intervention for young children with autism and their families. In the Caregiver-Delivered Version of the ESDM model, caregivers are coached to use strategies during their everyday interactions with their children that have been shown to promote social interaction, communication and learning. To assist providers and families with distance learning, we now have available an on-line resource for families of young children with social communication challenges. Caregiver coaching modules include narrated videos demonstrating the intervention strategies and useful tips for using these strategies at home. The online modules can be accessed via smart phones, tablets, and computers.

The online ESDM caregiver-coaching modules are publicly available to all families and providers at <https://helpisinyourhands.org>

How to Access the Modules:

- Sign up using the link above. Under ‘Don’t have an account?’ click on [Create one now.](#)
- Logging in will provide access to the 4 **Help is in Your Hands** modules:
 - Module 1: Increasing Children’s Attention to People
 - Module 2: Increasing Children’s Communications
 - Module 3: Joint Activity Routines to Increase Your Child’s Learning & Communication
 - Module 4: The ABCs of Opportunities for Learning
- Additional provider-specific resources can be found at:
<https://helpisinyourhands.org/provider/resourcecenter>
 - These materials can be accessed after creating an account at the helpisinyourhand.org Login page.
 - Materials include: a self-guided training syllabus, webinars covering all the content, supplemental video tips for providers, and all **Help is in Your Hands** handouts.
- Caregivers can supplement these online resources with the book, [An Early Start for Your Child with Autism](#) by Sally Rogers, Geraldine Dawson, and Laurie Vismara, available in 17 languages and in audio format.

The online ESDM caregiver coaching modules were created and tested by Sally Rogers and Aubyn Stahmer with support from the Institute of Education Sciences, the UC Davis MIND Institute, and the 3C Institute, in collaboration with research and community partnerships at the University of Pennsylvania, Children’s Hospital Colorado, and The University of Alabama.