

**Dr. Scott & Dr. Lauren’s “Living with COVID, ASD & ADHD” –
Episode 2: Back to School**

RESOURCES

Approaches to help your child with IEP goals during COVID:

- [A Simple Approach to Help your Child with IEP Goals While Sheltering at Home](#) – Children’s Specialized Hospital
- [6 Ways to Transition IEP Goals to Remote Learning](#) – George Lucas Educational Foundation
- [Translating IEP Goals to Home During COVID Using SEL Fundamentals](#) – Edmentum, Inc.

NC Department of Public Instruction Remote Learning Resources for Parents

[Autism Speaks Guide to IEPs](#) – Tools to navigate the IEP journey and the school

Duke University School of Law - [A Parents’ Guide to Special Education in North Carolina](#) - Guide for parents of children with special education needs.

Don’t IEP Alone – Resources include [A Day in Our Shoes](#) and [Welcome to the World of IEPs](#) (for those new to IEPs). Also: [What Happen to my IEP this fall if I choose to...](#)

The Autism Society of NC blog post series, [Planning for School](#), includes a number of resources for parents, such as “IEP Elements Organizer Form” for parents to navigate and use the IEP.

Child Mind Institute – [Remote learning resources for families](#) and [Support for Kids with ADHD During the Coronavirus Crisis](#)

Children and Adults with Attention-Deficit/Hyperactivity Disorder – [Education resources](#)

Center for Parent Information and Resources - [Central Hub for Parent Centers Serving Families of Children With Disabilities](#)

Free Online Webinars available on the ASNC website:

- [Structuring your day for success](#)
- [Structuring Your Child’s Academic Day](#)
- [Encouraging Positive Behavior](#)
- [Tips for promoting communication in young learners](#)
- [Developing calming, movement, and coping routines](#)
- [Visual Schedules: The Strategy that Keeps on Giving](#)

Social Narratives available on the ASNC website:

- [Wearing a mask](#)

- [People Around Me Are Wearing Masks](#)
- [Social Distancing](#)
- [Temperature Checks](#)
- [School work at home](#)
- [Parents check my work](#)