RESOURCES

Approaches to help your child with IEP goals during COVID:
- A Simple Approach to Help your Child with IEP Goals While Sheltering at Home – Children’s Specialized Hospital
- 6 Ways to Transition IEP Goals to Remote Learning – George Lucas Educational Foundation

NC Department of Public Instruction Remote Learning Resources for Parents

Autism Speaks Guide to IEPs – Tools to navigate the IEP journey and the school


Don’t IEP Alone – Resources include A Day in Our Shoes and Welcome to the World of IEPs (for those new to IEPs). Also: What Happen to my IEP this fall if I choose to...

The Autism Society of NC blog post series, Planning for School, includes a number of resources for parents, such as “IEP Elements Organizer Form” for parents to navigate and use the IEP.

Child Mind Institute – Remote learning resources for families and Support for Kids with ADHD During the Coronavirus Crisis

Children and Adults with Attention-Deficit/Hyperactivity Disorder – Education resources

Center for Parent Information and Resources - Central Hub for Parent Centers Serving Families of Children With Disabilities

Free Online Webinars available on the ASNC website:
- Structuring your day for success
- Structuring Your Child’s Academic Day
- Encouraging Positive Behavior
- Tips for promoting communication in young learners
- Developing calming, movement, and coping routines
- Visual Schedules: The Strategy that Keeps on Giving

Social Narratives available on the ASNC website:
- Wearing a mask
• People Around Me Are Wearing Masks
• Social Distancing
• Temperature Checks
• School work at home
• Parents check my work